

[March 16, 2020](#)

Coronavirus update

Following the latest communication from the Government regarding Coronavirus, please click the link below to view the latest guidelines. For people with confirmed or possible coronavirus, please follow the 'Stay at home' guidance.

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

ALTC are continuing to view the latest guidance being given by the Government and if required, will continue to take the necessary steps to ensure recommendations are put in place. In the meantime please can we ask that you abide by the guidance from the Health Professionals and if you show any of the symptoms of the virus to refrain from coming to the club throughout the isolation period. If you have been diagnosed with the virus, please can you email info@altc.net so the relevant action can be taken immediately.

Thank you for your co-operation.